



Multicultural Inter Agency Group of Peel

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**Building on our Work:  
A series of practical workshops on Diversity, Equity and Mental Wellness  
for Newcomers**

**June 8<sup>th</sup> 2010, Tuesday, 12:00 -3:30PM**

**Agenda**

12:00 -12:30PM	Registration and Refreshments
12:30-12:45PM	Welcome <i>Huda Abbas, MIAG</i>
12:45-1:45PM	Notions and concepts of mental health/mental wellness across cultures Social context: Newcomer stressors <i>Kwasi Kafele, CAMH</i>
1:45 -2:00PM	Break
2:00 -3:20PM	Case Studies Recognizing mental health challenges and options for support
3:20-3:30PM	Wrap-up & fill-out the evaluation form

**Place:** Mississauga Valley Community Centre, Program Room #3  
1275 Mississauga Valley Blvd., (Hurontario&Burnhamthorpe)  
Mississauga, ON L5A 3R8

**To register:** Please call (905) 270-6252 or E-mail: [info@miag.ca](mailto:info@miag.ca)